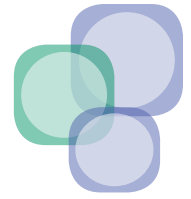


Reach Out Now: Talk To Your Fifth Grader About Underage Alcohol Use



On _____ will host a Teach-In for the fifth-grade class at
(Date) (Name of organization)
_____ to discuss the risks of underage alcohol use.
(Name of school)
_____ will be joining leaders across the country who are conducting Teach-Ins
(Name of Teach-In Leader)
during April, Alcohol Awareness Month. They will follow the lesson plans presented in the Reach Out Now materials produced by the Substance Abuse and Mental Health Services Administration within the U.S. Department of Health and Human Services in collaboration with Scholastic Inc.

At the end of the Teach-In, students should be able to:

- Describe some of the effects of alcohol on the brain and body.
- Identify effective alternatives to using alcohol.
- Work in groups to develop an effective alcohol prevention message.

Every fifth-grade parent also will receive a copy of the *Reach Out Now* materials, which we encourage you to read and review with your child.

Date:

Location:

Time:



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
www.samhsa.gov

